



Collaborate Counseling: November Newsletter:

I am finally
moving: New office
November 7th!

Hello!

I am excited to announce my new office opening in November!

I am sharing my office with 4 other therapist's but in a complex with 30 plus therapists which for me provides an opportunity for my clients and their family to offer a wide variety of opportunities of professional resources.

This was important to me when looking for my new office home. I am excited to introduce my new space next Tuesday to my clients, here is the address, come and take a look:

The office address is **6075 S. Quebec St, ste 203, Centennial, CO 80111.**

The new space includes 4 offices, I will be sharing with 3 other therapists and one is my own play therapy room for all of the kiddo's to play and work thru their issues in their special ways!

This has been a process and I so appreciate all of your concern and understanding as the dates have shifted with the address. I look forward to many years in my new location and meeting you soon in my new space!

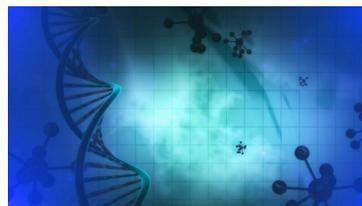


Ester Perel speaks :

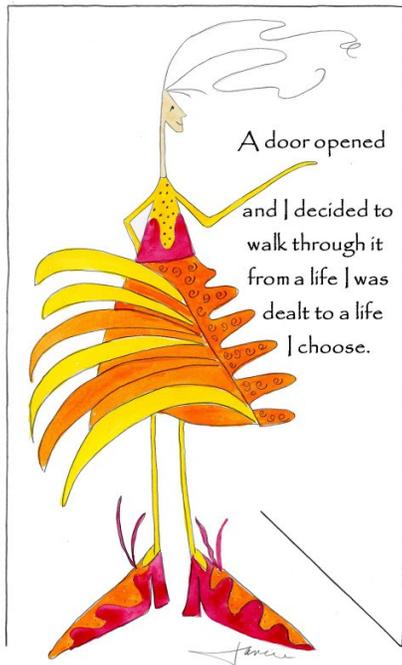
[Ester's Where Should we begin series, first link..](#)

[Ester's Where should we begin is a series of Ipods](#) that you can download, listen to and explore her conversations with 10 anonymous couples discussing intimate relationships, raw and open; uncovering details that everyday couples bring into therapy offices and might be afraid to reveal..listen to how Ester helps them work thru these empowering conversations.

"From infidelity, to sexlessness, to loss, it's a space for people to be heard and understood. It's also a place for us to listen and feel empowered in our own relationships. "



Thank you!
Carolyn



A door opened
and I decided to walk through it
from a life I was dealt to a life I choose
Most of us are born into families that are a train
wreck.
For some, the damage is so great that those wounds
remain for a lifetime.
This is sad.
For others, we say "screw this."
We choose to rise from the wreckage.
We decide on another form of transportation.
It may be walking,
perhaps a car,
or we may grow wings to fly.
Simply put, we avoid trains.
We recognize no matter what we were born into
the choice of how we travel this lifetime is ours.
Janice Izor



[Is marriage
a Privilege?
New York
Times](#)

[Article reveals some interesting facts
about the newest trends in who is getting
married, why and why not? Do you fall
into these categories?](#)

Why are individuals waiting longer to get

[The Psychotherapy and Spirituality Summit Package](#)

If you are interested in pursuing and developing an insight into your own awakening and deeper knowledge of a healthier spiritual and psychological balance this could be a start. These programs are always very interesting and can be done at your own pace. Here is what the material discusses:

"Sounds True publisher Tami Simon will speak with 30 of today's leading experts on the intersection of psychotherapy and spirituality to hear their insights into the journey toward becoming a mature, balanced, spiritually open, and psychologically healthy human being.

The Psychotherapy and Spirituality Summit brings you 10 days of conversation at the forefront of human development and evolution, intended to help you reconcile the apparent contradictions and paradoxes among various paths and add to your personal toolbox both time-tested and newly innovated techniques for personal transformation and healing.



[Parenting Class based on Technology and Secure attachment!](#)

Wonderful opportunity of lecture, videos, downloads for parents, teachers and all, to learn about how technology is impacting our children in positive and negative ways. Strategies to use technology in a securely attached parenting strategy and promote healthy brain growth.

"We believe that how our

married, who is getting married? What is the socially economic impact on today's couples? Does it matter? Per the latest research all of this is impacting marriage, when young people are deciding, if deciding to marry and when. More and more individuals live together before marrying and have children before deciding to get married, how does this impact our family systems and culture.

Take a look at the research and article for further facts and insight!

Attachment styles and our brain is influenced by technology is one of the most important questions we need to understand in our world today."

During this intensive training program for parents alike, Dr. Diane Poole Heller & Kim John Payne will address these important concerns and introduce the latest in leading research results that could alter your parenting ideas and styles.

Thank you for being a client of Collaborate Counseling and providing your referrals! I hope the information, links and videos you find helpful and a resource when needed. As always, if there is anything I can do, please reach out, send me an email or call!
Sincerely,

Carolyn Riviere-Placzek
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